



R.A.D.: Rape Aggression DEFENSE

Can you defend yourself?



The Dothan Police Department is now offering a rape and aggression defense class for women and girls ages 13 and up. The 12- to 14-hour class is taught over multiple days.

The classes, which are held at various locations based on size, may be scheduled by contacting the Community Services Division at:

rad@dothan.org or 334-793-0230.

They are taught by our instructors: S. Peters, J. Cochran, and B. Peters

Students can expect discussions on existing dangers and self-defense techniques suitable for women of all ages and abilities. The class is designed to give practical responses to women during various levels of confrontation, from passive verbal comments to severe aggressive acts.

For more information on R.A.D., visit <http://www.rad-systems.com>

Visit us online at www.dothan.org/index.aspx?nid=518